

## Information Sheet for the Web Application «mySCQM»

As part of your participation in the SCQM patient registry, standardized questionnaires are used during your medical visits (annual visits and interim visits). These questionnaires help systematically document the course of your disease and support discussions with your physician. In addition, your data contribute to medical research and help improve long-term care for people with rheumatic diseases (all information regarding the use of your data in connection with your participation in the SCQM patient registry was provided to you together with the consent form). Through mySCQM, you may also be invited to participate in additional research projects. Participation is voluntary and requires separate consent each time.

Between visits, you can also complete short questionnaires. The information collected can provide valuable insights into changes in your health status, for example regarding disease activity or medication use. A graphical display of these values helps you track developments over time. The information entered does not constitute a medical assessment and does not replace personal medical advice. However, it can support communication with your physician and assist in shared decision-making.

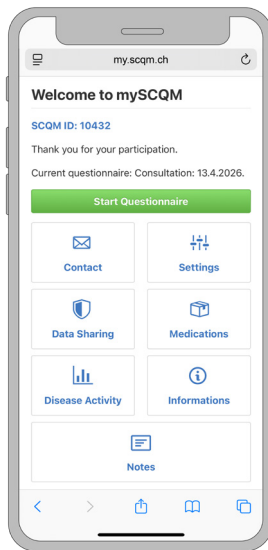
### How do I use mySCQM?

To log in, open the page [my.scqm.ch](https://my.scqm.ch) (without www) on any device with internet access. You will need a login code, which you will receive by SMS. If you do not have a valid code, you can request a new one directly on the login page.

When a consultation is coming up, you will receive an SMS reminder that takes you directly to the corresponding questionnaire.

You will also receive SMS reminders for the short questionnaires between visits, depending on the frequency you choose (never, weekly or monthly).

You can log in to mySCQM at any time, regardless of these reminders, for example to view your previous entries in the graphical progress chart or to start a short questionnaire.



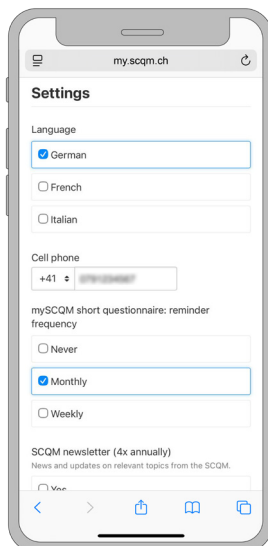
## Home page

On the home page, you can immediately see whether a questionnaire is available for you. With a click on «Start Questionnaire», you can complete it quickly and easily.

Questionnaires related to your medical visit are displayed automatically when an appointment is approaching or has recently taken place.

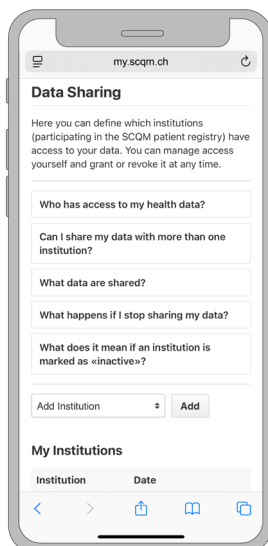
In addition, the home page provides an overview of all mySCQM features.

Your personal SCQM ID is also displayed on the home page. Please include it when communicating with SCQM.



## Settings

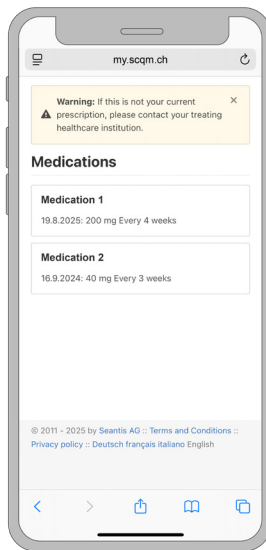
In «Settings», you can view and update your language, mobile phone number, and other information at any time. You can also set the frequency of reminders for the short questionnaire individually there.



## Data Sharing

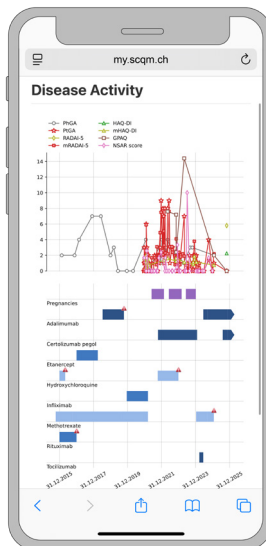
In the «Data Sharing» section, you decide which institutions can access your data stored in the SCQM patient registry. You can add institutions or withdraw access at any time. If you are receiving care at more than one institution, you can also share your data with multiple institutions at the same time. This can help improve coordination of your treatment.

If you withdraw access for an institution, it will no longer be able to view your data. However, data already recorded will remain stored in the SCQM patient registry.



## Medication

In «Medication», you can see the medications that are currently prescribed to you (standard medication), as recorded by your physician in the SCQM patient registry. If the information displayed does not match your current prescription, please contact your healthcare institution so that the data can be updated in the SCQM patient registry.

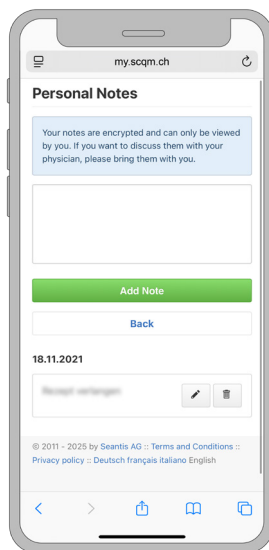


## Disease Activity

In «Disease Activity», you can view a graphical representation of the information you have entered so far. This helps you follow changes over time more easily.

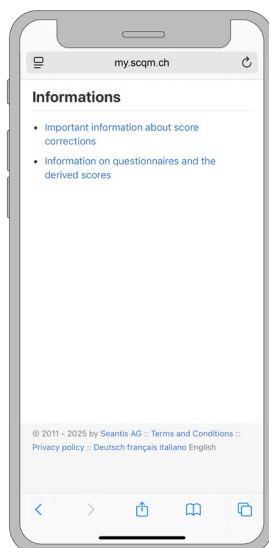
Your data are made available to your attending physician through the SCQM patient registry.

Please note that your physician does not receive any automatic notifications about your entries. mySCQM does not replace direct contact with your physician.



### Notes

In «Notes», you can record personal information such as thoughts, observations, or questions for your next consultation. These notes are visible only to you and help you remember important points.



### Informations

In «Informations», you will find useful resources related to the SCQM patient registry.